

INSTRUCTIONS & ITEM EXPLANATIONS

Personal

UFDSSP standards and AAUS standards require that the individual diver submit a dive log regularly to document their diving activity. The University of Florida permits (encourages) the use of a single dive log prepared by the dive master on each project dive approved. The individual standard log form has been simplified in an effort to facilitate completion. The following are explanation of items on the front of this page which are required. Please submit a dive log every other month if your dives are not being recorded and submitted by a project dive leader. Volunteers who are diving only once per year on a project may submit one log every six months, to keep their file active between required physicals and CPR/1st aid/Oxygen Provider classes. Alternativel,, Send email notice of no-dive activity - a one liner is OK send to:

(rmillott@ehs.ufl.edu)

The following items are minimally needed on all dive logs submitted;

Date	year/month dive log covers
Name -	your name
Department -	The college or department you dive with if at UF
Date -	Date of dive - Mo/Day/Yr
Buddy/partner -	Name of the person you are diving with on the dive
Site/location/Project # -	Where your dive occurred, if with a UFDSSP dive - a number assigned by the DSSP (ask the dive master)
SIT -	Surface Interval Time between dive w/in 24 hours
RNT -	Residual Nitrogen Time
Time In -	time entered water
Time Out -	time exited water
ABT -	actual bottom time
TBT -	Total bottom time
Depth FSW -	depth read in feet of seawater
RGL-	Repetitive Group Letter
SS/Deco stop -	Safety Stop/ Decompression schedule i.e. 15/5 (5 minutes @ 15 ft.)
PSI used -	air used in lbs/sq. in = 3000 at beginning of dive 2400 end of dive = 2400 psi
DiveMaster -	Person in charge of the dive if on a project or boat, etc.
Gas % - Air/Nitrox	List as Air or the % nitrox/trimix gases. If repetitive Nitrox dives, list oxygen toxicity level
Comments -	any comment you wish to make - not required
Signature -	You should sign here to document that this is your dive activity for the time indicated.
Months -	Indicate two month period. Jan/Feb, Mar/April, etc and list dives as appropriate or State NO dives during this time frame. Submit this by the 5th of every third month, i.e. JAN/FEB by Mar 5th. If no dives are recorded in 6 months a checkout dive must be arranged.

Submit to: UF DSSP
Environmental Health & Safety Division
Bldg #175, P.O. Box 112205, Gainesville, Fl. 32611-2205