

ENTRY PROCEDURES/SWIM AND SCUBA CHECK

University of Florida
Environmental Health and Safety
Diving Science and Safety Program

Name: _____ **Date:** _____

Evaluator: _____

A candidate interested in diving under the auspices of the University of Florida shall meet with the Diving Safety Officer (DSO) or designee and be evaluated on the following:

Review of the basic credentials

1. Fill out questionnaire _____
2. Certification photocopies _____
3. Waiver signed _____

Written Exam

1. Grade _____%
2. Corrected and discussed _____

Medical Evaluation

Signed forms received _____

Water Evaluation

Swim Test

Yes/No

1. Swim underwater without swim aids for a distance of 25 yards w/o surfacing _____
2. Swim 400 yards in less than 12 minutes w/o swim aids _____
3. Tread water for 10 minutes (2 minutes with no hands) _____
4. Transport another person of equal size 25 yards w/o swim aids _____

Scuba Evaluation (pool/sheltered water)

1. Enter water with full equipment _____
2. Clear face mask _____
3. Demonstrate air sharing, including both buddy breathing and the use of alternate air source, as both donor and recipient, with and w/o face mask _____
4. Demonstrate ability to alternate between snorkel and scuba while kicking _____
5. Demonstrate understanding of underwater signs and signals _____
6. Demonstrate simulated in-water mouth-to-mouth resuscitation _____
7. Rescue and transport, as a diver, a passive simulated victim of an accident _____
8. Demonstrate ability to remove and replace equipment while submerged _____
9. Demonstrate watermanship ability, with is acceptable to the instructor _____

Open Water Evaluation

The trainee must satisfy an instructor, approved by the DSO, of their ability to perform at least the following in open water:

1. Surface dive to a depth of 10 feet in open water without scuba. _____
2. Demonstrate proficiency in air sharing as both donor and receiver. _____
3. Enter and exit open water while wearing scuba gear. _____
4. Kick on the surface 400 yards while wearing scuba gear, but not breathing from the scuba unit. _____
5. Demonstrate judgement adequate for safe diving. _____
6. Demonstrate, where appropriate, the ability to maneuver efficiently in the environment, at and below the surface. _____
7. Complete a simulated emergency swimming ascent. _____
8. Demonstrate clearing of mask and regulator while submerged. _____
9. Demonstrate ability to achieve and maintain neutral buoyancy while submerged. _____
10. Demonstrate techniques of self-rescue and buddy rescue. _____
11. Navigate underwater. _____
12. Plan and execute a dive. _____