How to use a face mask?

**Before Putting on a Mask**

Clean hands with alcohol-based sanitizer or soap and water.

**Putting on a Mask**

Inspect the mask for holes or tears.

Ensure the colored side faces outward.

Find the top part, where the metal piece or stiff edge is.

Cover mouth, nose and chin.

Make sure there are no gaps between the mask and your face.

**To Remove a Mask**

Clean hands with alcohol-based sanitizer or soap and water.

Remove the mask from behind the head or ears using the strings. Do not touch the front of the mask.

For re-use, store in a labeled, well-ventilated container such as a paper bag. Do not use a Ziplock bag.

Sanitize your hands after removing the mask.

**Additional Tips**

Do not wear a mask for more than 3 continuous hours to prevent it from getting damp.

Store masks for at least 72 hours before re-using them.

Do not re-use soiled, wet or damaged masks.

Masks alone cannot protect you. Maintain 6 feet distance from others and wash your hands frequently.

For more info and video instructions visit: [http://www.ehs.ufl.edu/resources/covid-19/](http://www.ehs.ufl.edu/resources/covid-19/)